

57

OF 100

Caution
Advised

1 flag for PCOS

36 of 36 ingredients analyzed



Lipikar Lait Urea 10%

La Roche Posay • body-moisturizers

1 to use with caution, out of 36 ingredients.
Checked for PCOS.

FULL INGREDIENT BREAKDOWN

Flagged for you

Isopropyl Palmitate

CAUTION

Isopropyl palmitate is a fatty acid ester used as an emollient in cosmetics. While it provides skin-softening benefits, it has a high comedogenic rating of 3-4 out of 5, meaning it is likely to clog pores. Women with PCOS often experience acne due to elevated androgen levels, and their skin is typically more prone to breakouts. Using highly comedogenic ingredients like isopropyl palmitate can significantly worsen acne and lead to more clogged pores. While the ingredient has no hormonal activity itself, its pore-clogging properties make it problematic for PCOS-related acne. Dermatologists generally recommend that women with PCOS avoid highly comedogenic ingredients, particularly on the face and other acne-prone areas. Those with mild or no acne may tolerate it better, especially for body use.

All ingredients

36 TOTAL

Water

Urea

Glycerin

Butyrospermum Parkii Butter

Brassica Campestris Seed Oil

Dicaprylyl Carbonate

Isopropyl Palmitate

Pentylene Glycol

Glycine

Cetearyl Alcohol

Silica

Stearic Acid

Allantoin

Sorbitan Oleate

Sorbitan Tristearate

Glyceryl Stearate

PEG-100 Stearate

PEG-20 Methyl Glucose Sesquistearate

Isohexadecane

Sodium Hydroxide

Sodium Lactate

Myristic Acid

Palmitic Acid

Mannose

Hydroxyacetophenone

Hydroxyethylpiperazine Ethane Sulfonic Acid

Caprylyl Glycol

Citric Acid

Trisodium Ethylenediamine Disuccinate

Xanthan Gum

Polysorbate 80

Acrylamide/Sodium Acryloyldimethyltaurate Copolymer

Acrylates/C10-30 Alkyl Acrylate Crosspolymer

Tocopherol

Pentaerythrityl Tetra-Di-T-Butyl Hydroxyhydrocinnamate

Chlorhexidine Digluconate